

Humboldt State University: Food as a right and not a privilege

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HUMBOLDT STATE UNIVERSITY

Overview

- HSU Student Food and Housing Security and Emergency Food Resource Use
- Food Security
- Food Sovereignty
- In Practice
 - Humboldt State University (HSU)
 - Visions for the future



California State University Food & Housing Security Survey: Emerging Patterns from the Humboldt State University Data (Maguire, O'Neill, and Aberson, 2016)

The Issues

- food and housing security
- student health and wellbeing
- student success
- retention and graduation rates

The Purpose

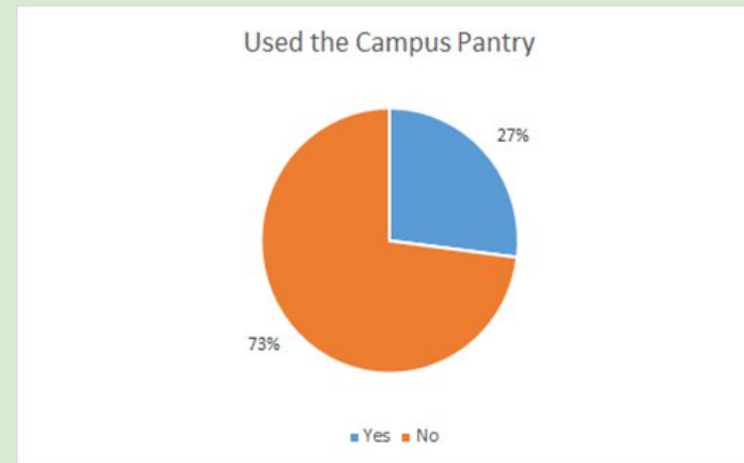
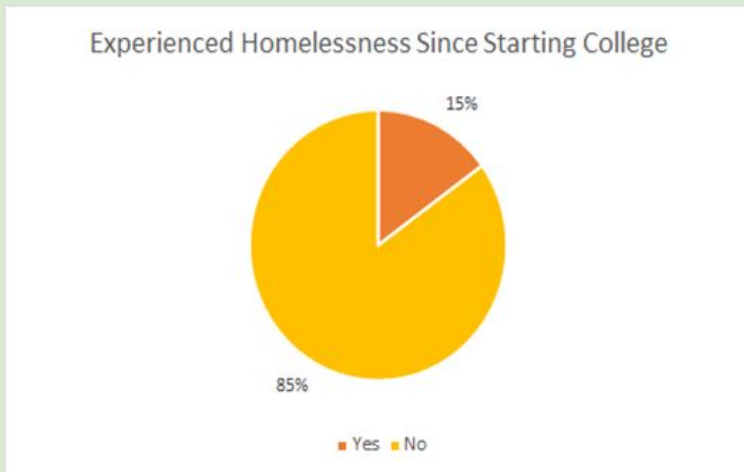
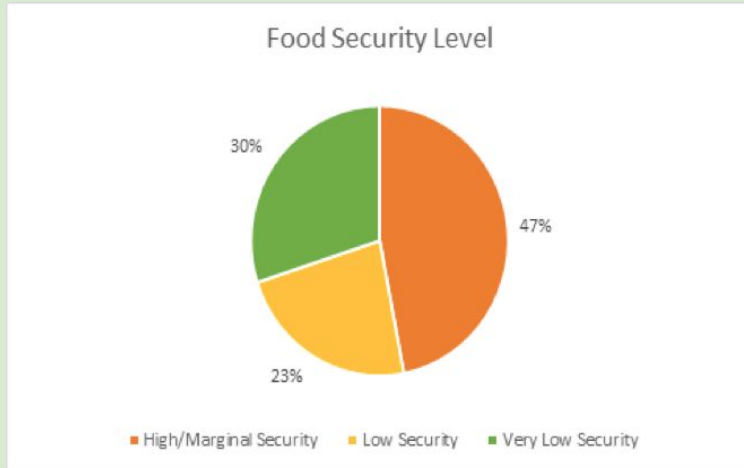
- elevate awareness of the issues from the students' perspective

The Methods

- online survey went out to all HSU students
- 1,554 Students responded (nearly 20%)



HSU Student Food and Housing Security and Emergency Food Resource Use



Framing in Theory: Food Security & Food Sovereignty

Food Security

“Food security exists when all people, at all times, have physical and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy life.”
- *World Food Summit (1996)*



Why is The Food Security Model Limited?

- The Green Revolution

Table 1.4: Compound Rates of Growth

Period	Production		Area		Yield (percent per annum)	
	(a) 1949-50 to 1964-65	(b) 1967-68 to 1977-78	(a) 1949-50 to 1964-65	(b) 1967-68 to 1977-78	(a) 1949-50 to 1964-65	(b) 1967-68 to 1977-78
Crop						
Foodgrains	2.98	2.40	1.34	0.38	1.61	1.53
Non-Food	3.65	2.70	2.52	1.01	1.06	1.15
All Crops	3.20	2.50	1.60	0.55	1.60	1.40
Rice	3.37	2.21	1.26	0.74	2.09	1.46
Wheat	3.07	5.73	2.70	3.10	1.24	2.53
Pulses	1.62	0.20	1.87	0.75	0.24	0.42

a) Gleaned from NCAR 1976 (vol 1, ch. 3, p. 230-241)

b) Estimates of Area and Production of Principal Crops in India, 1978-79; published by the Directorate of Economic Statistics.

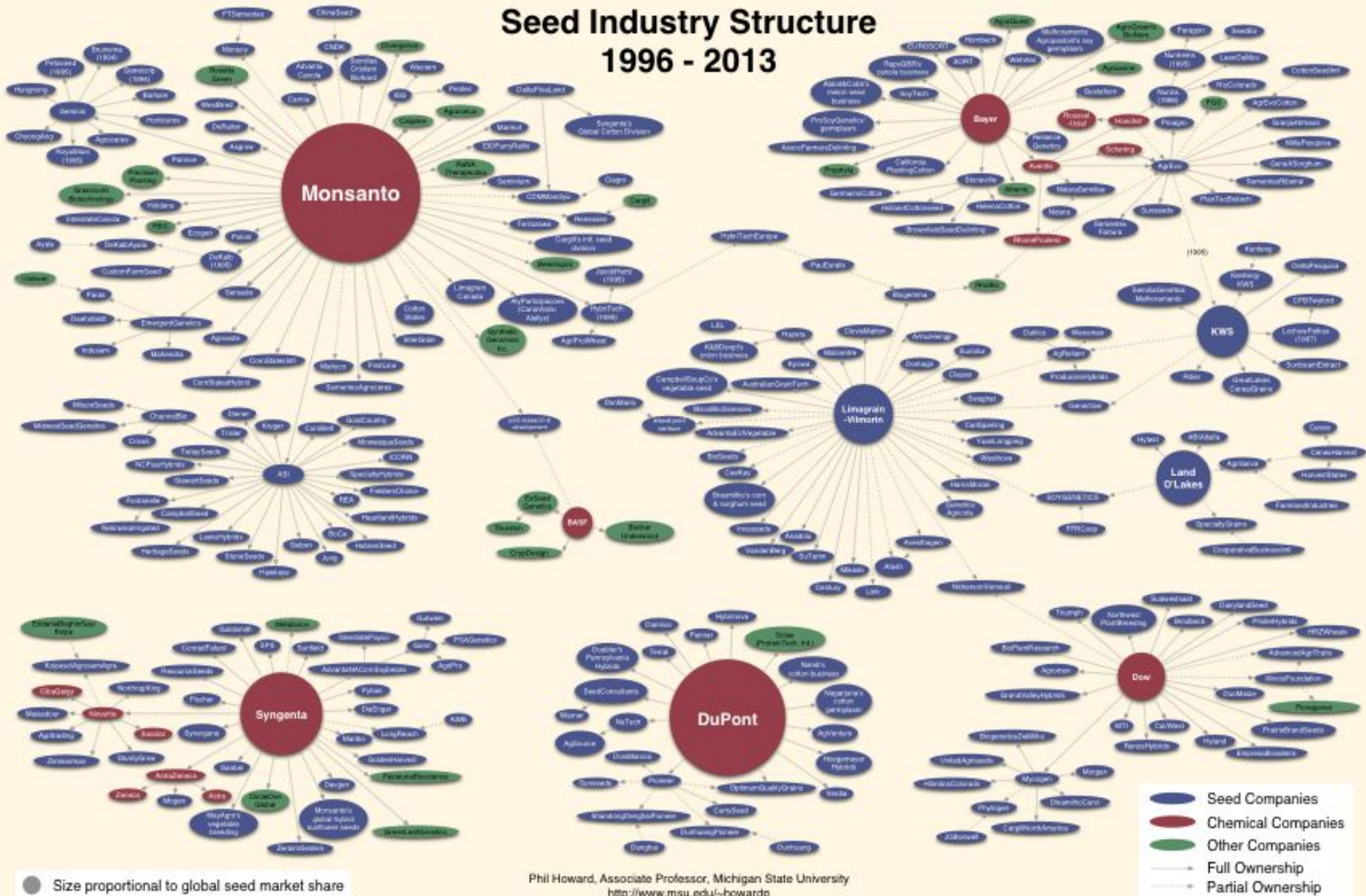
Food Security Further Critiqued

Green Revolution Impact on Local Food Systems

Roots of food insecurity lie widely unaddressed

Food System largely controlled by a few corporations

Seed Industry Structure 1996 - 2013



Phil Howard, Associate Professor, Michigan State University
<http://www.msu.edu/~howardp>

Food Sovereignty

“Food sovereignty is the right of peoples to healthy and culturally appropriate food produced through sustainable methods and their right to define their own food and agriculture systems.”

- La Via Campesina,
International Peasant Movement (1996)



Food Sovereignty

“puts the aspirations, needs and livelihoods of those who produce, distribute and consume food at the heart of food systems and policies rather than the demands of markets and corporations.”

“According to the FAO, women produce 70% of the food on earth but they are marginalized and oppressed by neoliberalism and patriarchy. The movement defends women's rights and gender equality at all levels. It struggles against all forms of violence against women.”

Power + Food

Food Sovereignty's Mission (La Via Campesina)

Promote Social justice and dignity

Power Analysis

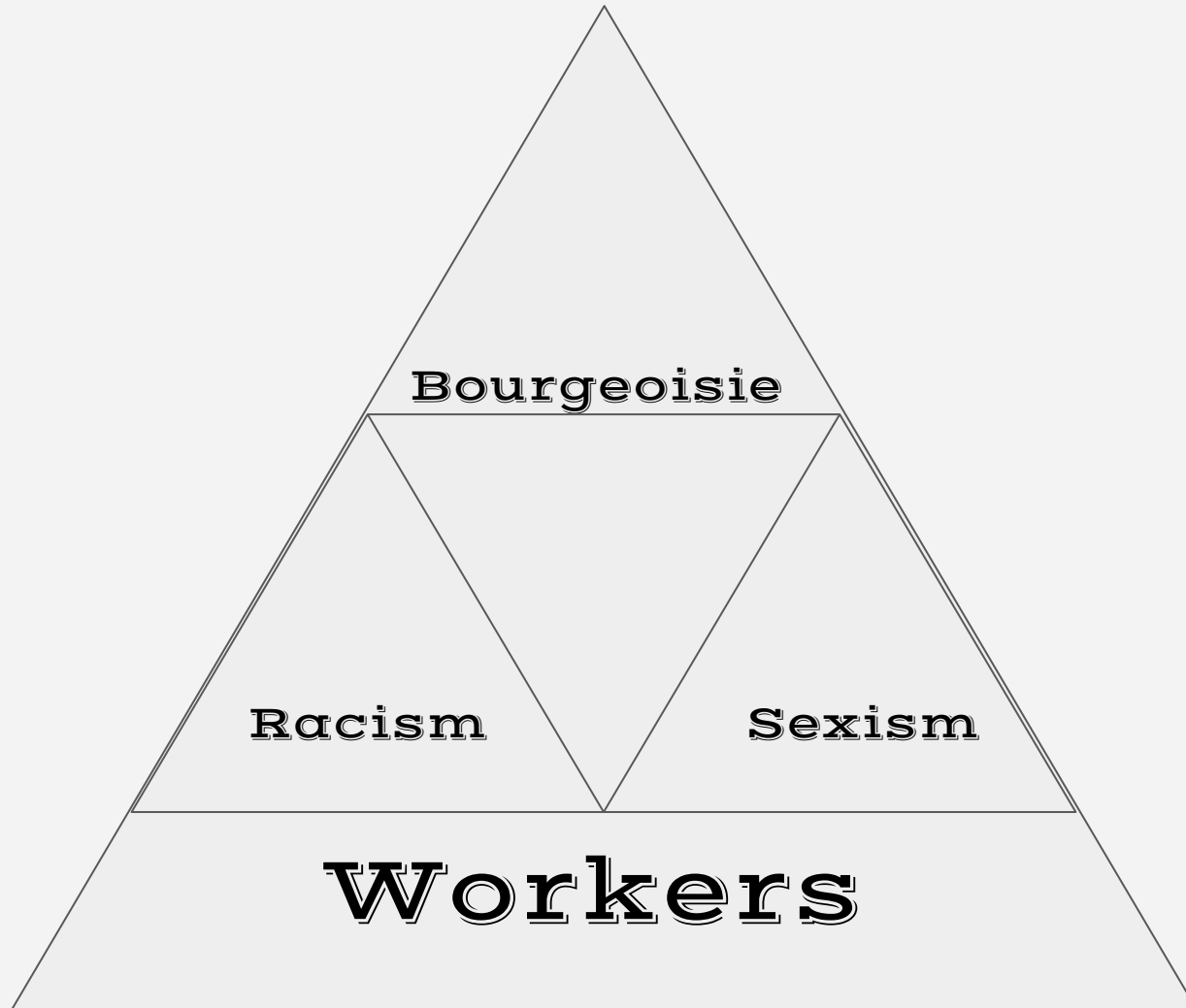
International Justice

De-globalize food, localize production

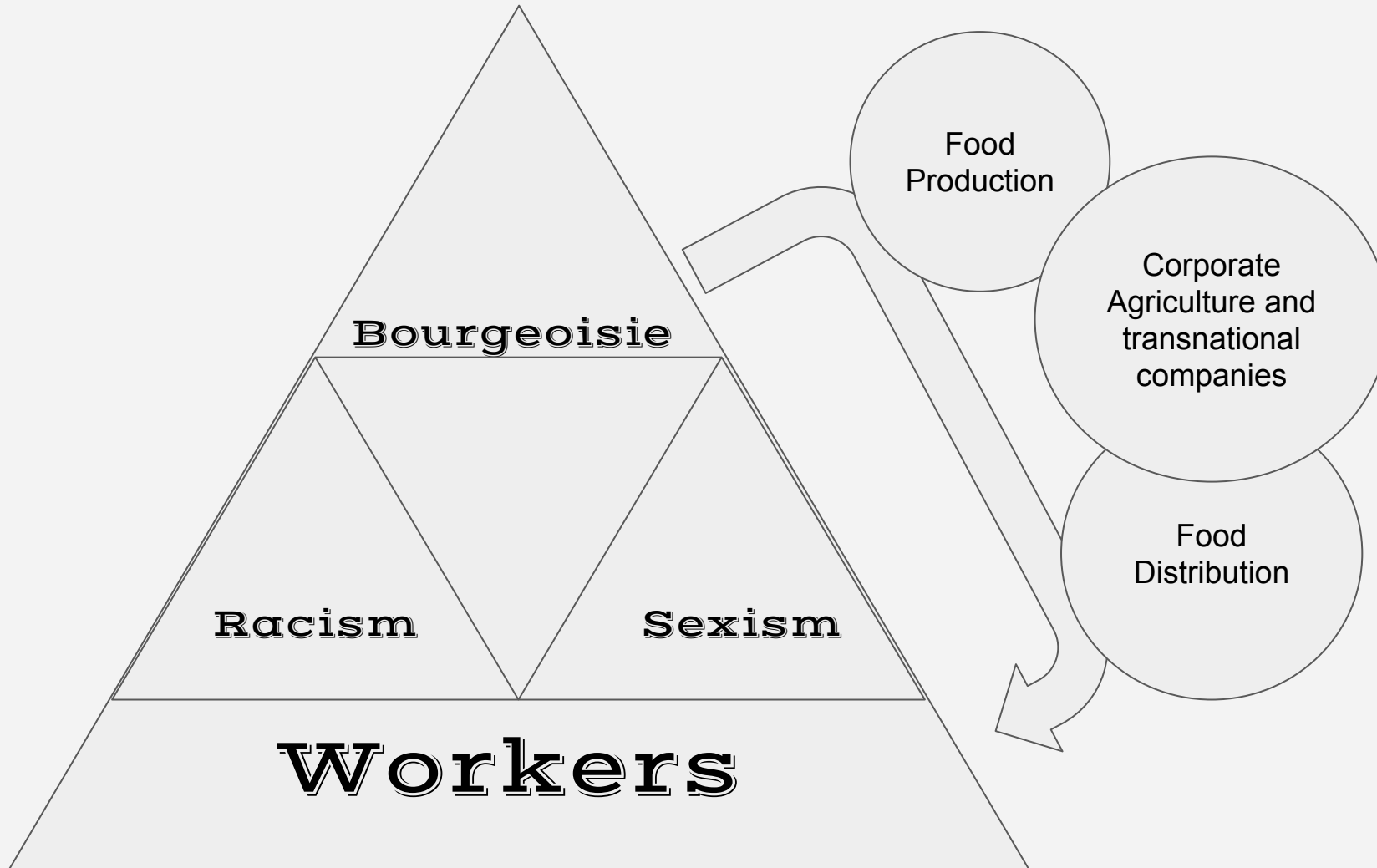
Challenging Current Food Regime

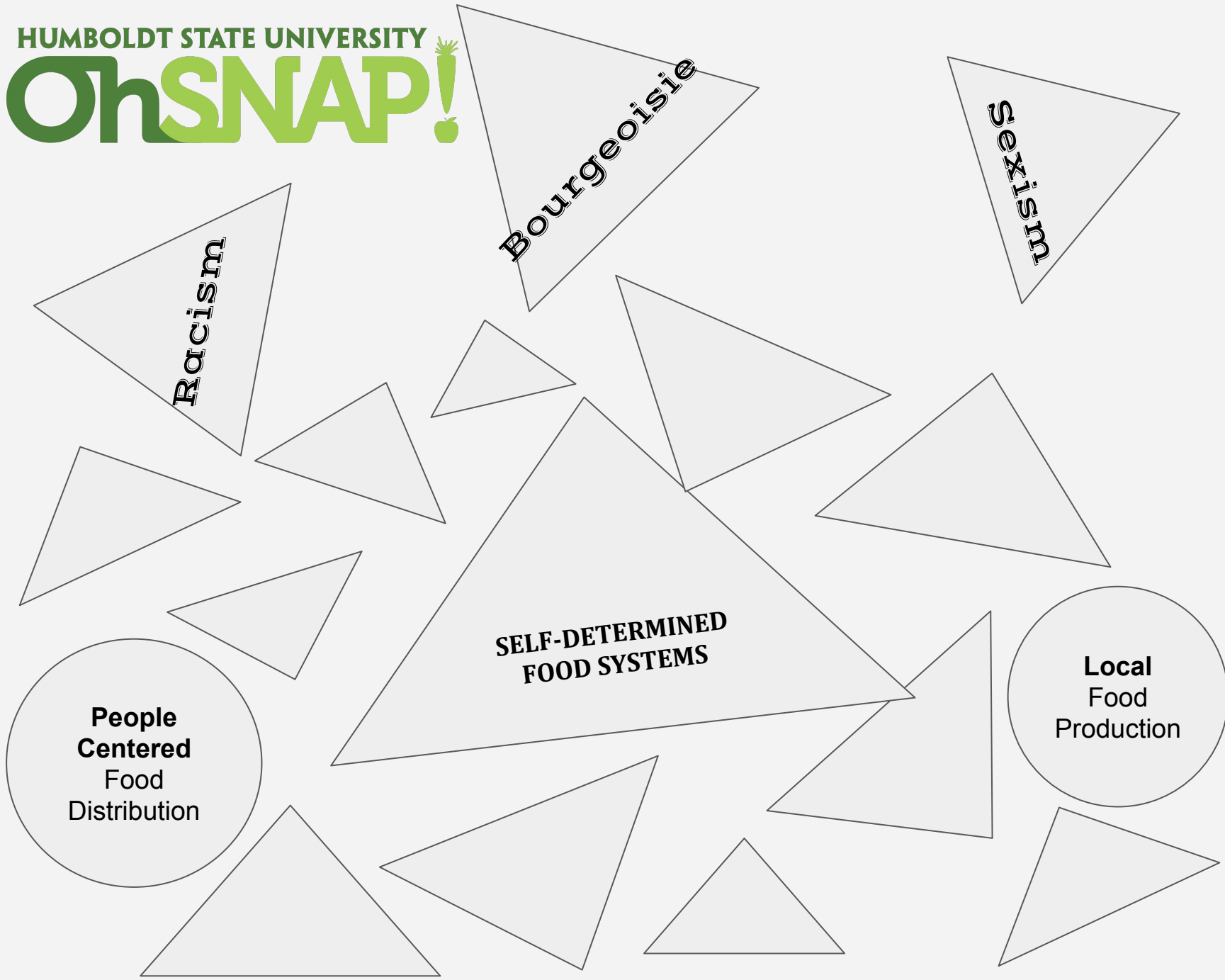
Questioning capitalism/racism/sexism

Capitalism



Capitalism and Food





“[Food Sovereignty] is based on the conviction that small farmers, including peasant fisher-folk, pastoralists and indigenous people, who make up almost half the world's people, are capable of producing food for their communities and feeding the world in a sustainable and healthy way.”
~La Via Campesina

Food Sovereignty

Food systems on college campuses have a choice...

Replicate the capitalist globalized model of food control that negatively impacts people's lives across the world, including our students

or

Take ownership of our own food system and challenge systems of power, privilege and oppression and re-define our expectations for addressing food insecurity on campus

YOU CAN FIND US ON FACEBOOK AND FOLLOW US ON INSTAGRAM!



HUMBOLDT STATE UNIVERSITY
OHSNAP! **OhSNAP!**

FREE **FOOD PANTRY & CALFRESH SIGN UPS**

NEW **MONDAYS:** 9:00 - 1:00PM
TUESDAYS, WEDNESDAYS, & THURSDAYS
9:00 - 10:50 AM & 3:00 - 4:50PM
FRIDAYS: 9:00 - 11:50 AM & 3:00 - 5:50PM

WEDNESDAY NIGHT COOKING CLASSES
5:30 PM In The Rec. & Wellness 122

707.826.4556 / HSUOHSNAP.ORG
Rec. & Wellness Center 122

Oh SNAP! Food Programs Supported By:



DEPARTMENT OF SOCIAL WORK
HUMBOLDT STATE UNIVERSITY



HUMBOLDT STATE UNIVERSITY
OhSNAP!



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OHSNAP! **OhSNAP!**

FREE **FARMERS' MARKET SHUTTLE**

Ride The Shuttle From HSU!
SATURDAYS: 9 AM - 12 PM

Round 1	Round 2	Round 3
Library Circle (pick-up) 9:00	Library Circle (pick-up & drop-off) 10:04	Library Circle (drop-off) 11:08
Arcata Food Pantry 9:04	Arcata Food Pantry 10:08	Grocery Outlet 11:24
Farmer's Market (Arcata Plaza in front of Brio) 9:08	Farmer's Market 10:12	Winco 11:33
Grocery Outlet 9:25	Grocery Outlet 10:30	Library Circle (drop-off) 11:49
Winco 9:34	Winco 10:39	
Farmer's Market 9:55	Farmer's Market 11:00	
Arcata Food Pantry 10:00	Arcata Food Pantry 11:04	



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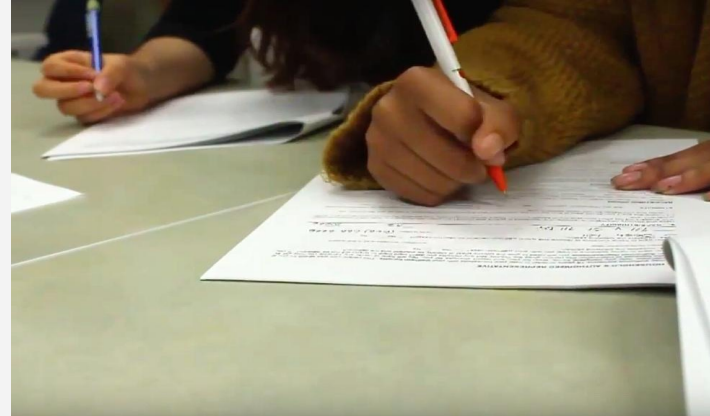
STUDENT-TO-STUDENT SUPPORT FOR A HEALTHIER
COLLEGE EXPERIENCE



Food Pantry



CalFresh Outreach



CalFresh on the Farm!

A growing number of Humboldt County farmers now accept CalFresh directly at their farms! Use your EBT card to purchase Community Supported Agriculture (CSA)* shares and/or shop for produce at farm stands at the following locations.

DeepSeeded Community Farm

Offerings:
 CSA Shares



Contact Info:
 Eddie Tanner
 (707) 825-8033
deepseeded@gmail.com
www.arcatacsa.com

Location:
 Arcata: Stewart and Wyatt Avenues

Organic Matters Ranch

Offerings:
 CSA Shares, Farm Stand, Pumpkin Patch



Contact Info:
 Heather Plaza
 (707) 407-3276
info@organicmattersranch.com

Location:
 Eureka: 6821 Myrtle Avenue

Redwood Roots Farm

Offerings:
 CSA Shares, Farm Stand

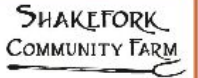


Contact Info:
 Janet Czarneci
 (707) 826-0261
janetcz@humboldt1.com
www.redwoodrootsfarm.com

Location:
 Bayside: 45 Fellowship Way (off Jacoby Crk Rd)

Shakefork Community Farm

Offerings:
 CSA Shares



Contact Info:
 Melanie Cunningham
 (707) 498-3546
shakeforkcommunityfarm@gmail.com
www.shakeforkcommunityfarm.com

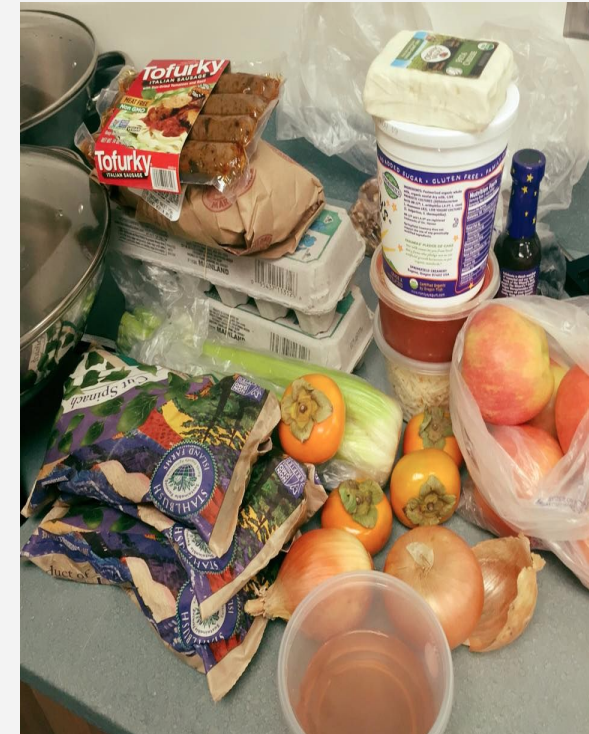
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 Carlotta: 7914 CA-36

*** Purchasing a CSA Share with EBT:**
 Community Supported Agriculture (CSA) is a partnership between a farm and a community of supporters. CSA members commit to a farm for a whole growing season by purchasing a CSA share. The farmer then provides each member with a weekly distribution of fresh, seasonal produce at the peak of ripeness and nutrition.

In a typical CSA arrangement, customers pay upfront before receiving food. CalFresh recipients can use their benefits to participate in a CSA, but can only pay for up to two weeks of food in advance.



Weekly Cooking Classes



Food Reclamation



Weekly Farmstand



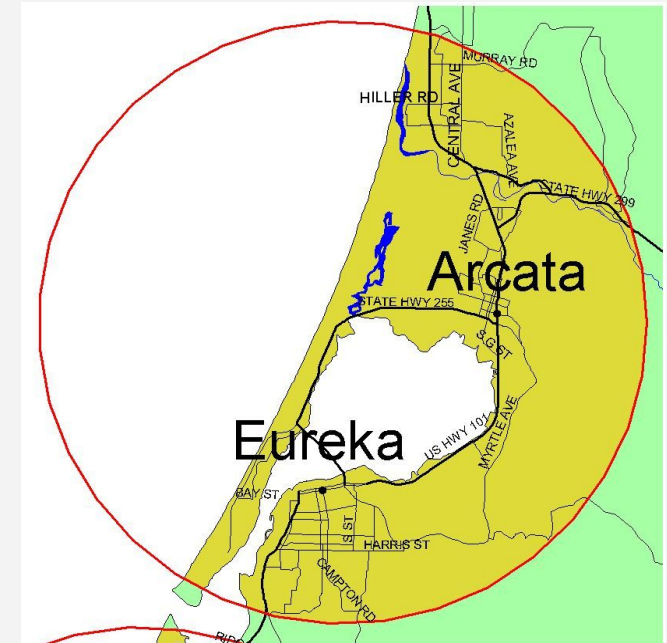
EBT on campus



EBT is now accepted @
the HSU Marketplace

A photograph of a sign posted on a utility box. The sign is yellow and black and reads "We Welcome SNAP EBT Customers". It includes the USDA logo and the text "United States Department of Agriculture". Below the main text, it says "For information on applying for SNAP benefits, call 1-800-221-5689". There is also a small graphic of a shopping bag with the text "SNAP USDA Enrollment Nutrition Assistance Program Putting Healthy Food Within Reach". At the bottom, there is a red banner with white text: "Buying, selling, or otherwise misusing benefits from USDA's nutrition assistance programs is a crime. To report suspected abuse email: usda.hotline@usda.gov, call (800) 424-9121, or write the U.S. Department of Agriculture, Office of the Inspector General, PO Box 23399, Washington, DC, 20026-3399." Below the red banner, there is more text: "In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, disability, or retaliation for prior activity. To file a complaint of discrimination, write to USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer. USDA • Food and Nutrition Service FNS-132 • Slightly Revised 8/10/10"

Farmer's Market Shuttle



Next Steps

Continue collaboration with Financial Aid

Expand collaboration with Dining Services

Increase affordability campus food

Strengthen partnership with community college

Challenge Calfresh eligibility rules for students

Acknowledgements

Humboldt County CalFresh Outreach Partnership
USDA Farmers' Market Promotion Program
HSU College of Professional Studies
HSU Department of Social Work
HSU Health Education
HSU Associated Students
HSU Advancement, Food for Thought Fundraising Campaign
Food for People
North Coast Growers' Association
Earthly Edibles
Community Alliance with Family Farmers



Questions?!



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