

**ACADEMIC SENATE  
OF  
THE CALIFORNIA STATE UNIVERSITY**

AS-3477-21/FA  
March 18-19, 2021

**ADDRESSING BURNOUT WITHIN THE CSU COMMUNITY**

- RESOLVED:** That the Academic Senate of the California State University (ASCSU) affirm its commitment to the principle that faculty success and well-being are indelibly linked to student success and well-being; and be it further
- RESOLVED:** That the ASCSU reaffirm the sentiments of [AS-3440-20/FA \(Rev\)](#) concerning the need for mental health services that promote well-being and minimize burnout for all members of the University community; and be it further
- RESOLVED:** That the ASCSU commend the CSU Chancellor's Office and campuses that have developed basic needs resources and well-being programs and strategies that enable faculty, staff, students, and administrators to counter emotional exhaustion and maintain interpersonal connections during and after the COVID-19 pandemic; and be it further
- RESOLVED:** Given that some of these burnout effects and situations are the result of the COVID-19 pandemic and will last longer than the pandemic, the ASCSU urge campus senates and administrations to accelerate the implementation of strategies to address and remedy faculty, student, staff, and administrator burnout, and promote educational and working environments focused on well-being throughout the CSU during the pandemic, during transition afterwards, and into the future; and be it further
- RESOLVED:** That the ASCSU distribute this resolution to the CSU Board of Trustees, CSU Chancellor, CSU campus Presidents, CSU campus Senate Chairs, Campus Counseling Centers, Campus Health Centers, California Faculty Association (CFA), California State Student Association (CSSA), CSU Emeritus and Retired Faculty & Staff Association (CSU-ERFSA).

***RATIONALE:** As noted in the media, occurrences of student and faculty burnout have increased significantly since the start of the COVID-19 pandemic as a result of the collective trauma. While the CSU cannot resolve the pandemic, it is incumbent on the CSU to address the component causes of burnout and seek to enable the well-being of students, faculty, staff, and administrators.*

**Approved Without Dissent – March 18-19, 2021**