Agenda

- Food and Housing insecurity data review
- Resources at UC Santa Barbara
- Financial Crisis Response Team
- Challenges
- Best Practices and Considerations
2018-19 CSAC Student Expenses and Resource Survey

- Nearly two-thirds (64%) reported either “cost of college” or “balancing school and work responsibilities” as their major obstacles to success.
- 35% of students have low or very low food security
- 33% of students are classified as housing insecure
“Colleges across the country increasingly recognize that students are human first -- they need to eat in order to learn.”

-Sara Goldrick-Rab, Founding Director of the Hope Center for College Community and Justice

- Recent Gov. Accountability Office Report notes more than 30% of college students may face food insecurity, this issue is pronounced among community college students.

- Hope Center survey found that ⅔ of community college students are food insecure and ½ are housing insecure.

- 14% of this population have experienced homelessness
Food Security:
the state of having reliable access to a
sufficient quantity of affordable, nutritious food
Food Insecurity by the Num

based on 2016 Student Food and Access Survey

- 12% Food Insecure Households (US)
- 44% UC Undergraduate Students
- 48% UCSB Undergraduate Students
10,355 UCSB students reported facing food insecurity in 2016
Why Does it Matter?

Health
Lag behind peers in physical development.
Available foods lead to poor diet quality.
Health conditions and hospitalization more likely.

Wellbeing
Impact on mental and emotional health.
Depression and anxiety commonly associated.
Difficulty engaging in normal social interactions.

Education
Poorer attendance and GPA than food secure students.
Repeatedly linked to lower graduation rates.
Unprepared mentally, emotionally, & socially for workforce.
History of Food Security at UCSB

- **2011**
  - Survey on Financial and Food Needs (AS)
  - AS Foodbank Opened

- **2014**
  - Statewide study on food insecurity of all UC Students
  - UC Global Food Initiative launched

- **2015**
  - UCSB Food Security Task Force created
  - Student- lead Food Security Coalition

- **2018**
  - Miramar Pantry Opened
  - Student- lead Food For All Coalition
Groceries
as food bank
miramar pantry
elementary
calfresh
market
match
grocery rideshare
AS Foodbank

- primary resource for ALL registered UCSB students to receive free produce, pantry food items, toiletries/paper products, etc.
- open Mondays, Wednesdays, Thursdays, and Fridays from 9:30 - 6:00 on the UCen 3rd floor.
- Additional hours can be made available by appointment. Contact the foodbank at (805)-893-2276 for case specific concerns
Miramar Pantry

❖ Provides free healthy food to all qualified UCSB students

❖ Located in Sierra Madre Villages

❖ Hours:
  ➢ Summer:
    ■ Tuesday and Thursday, 5pm to 6pm
  ➢ Fall
    ■ Monday, Tuesday, Thursday 4pm to 7pm
I.V. Elementary Healthy School Pantry

- mobile/pop-up food distribution service
- supplies students and families with fresh produce/food staples
- first Thursday of the month from 3:30pm to 5:30pm
- Isla Vista Elementary, 6875 El Colegio Road
CalFresh

- federally funded nutritional assistance program
- grants students up to $194 dollars per month for groceries and cold, prepared foods
- available for ALL STUDENTS who are 18 years old or older and US citizens.
- Visit the Calfresh Advocate Office, located in El Centro, to get help with the application process M - F.
  - Additional advocate locations and times can be found on food.ucsb.edu
CalFresh Enrollment by the Numbers

CalFresh Enrollment

- 2016-17
- 2017-18
- 2018-19

August September October November December January February March April May June

0 500 1000 1500 2000 2500 3000 3500
**BASIC NEEDS & CALFRESH**

**FALL QUARTER OFFICE HOURS**

**mon**
- **EL CENTRO**: A.S. FOOD BANK 12-4pm, RCSGD 12-2pm
- **WEST NEIGHBORHOOD**: FIN. AID OFFICE 10am-4pm, RCSGD 11am-2pm

**tues**
- **EL CENTRO**: A.S. FOOD BANK 10am-4pm, RCSGD 9:30am-6pm

**wed**
- **EL CENTRO**: A.S. FOOD BANK 10am-4pm, RCSGD 9:30am-6pm

**thurs**
- **EL CENTRO**: A.S. FOOD BANK 10am-4pm, RCSGD 9:30am-6pm

**fri**
- **EL CENTRO**: A.S. FOOD BANK 10am-4pm

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**FOOD RESOURCES**

**AS FOOD BANK**
- **foodbank.ucsb.edu**

Located on the third floor of the UCEN, the ASB provides students with free food resources and toiletries. To be eligible, users must have valid UCSB undergraduate or graduate student ID, making less than $16,484 per year.

**MIRAMAR PANTRY**
- **housing.ucsb.edu/dining/food-pantry**

Located in the Sierra Madre Villages, Miramar provides students with free food resources and toiletries. To be eligible, users must have valid UCSB undergraduate or graduate student ID, making less than $16,484 per year.

**Food, Nutrition and Basic Skills Program (FNBS)**
- **wellness.ss.ucsb.edu/fnbs**

Free workshops that give students the opportunity to taste delicious and easy meals, practice their hands-on cooking skills, and learn how to stretch their dollar while grocery shopping.

**Food Not Bombs**
- **facebook.com/FoodNotBombs**

Both a social movement and community potluck, this all-volunteer organization prepares free vegan and vegetarian dinners for the IV community every Sunday.

**Café Picasso**
- **tinyurl.com/cafepicasso**

Offers community members a free home-cooked brunch and group to go with every Sunday. Meals are served at St. Michael’s University Church in IV and all students are welcome to attend, regardless of faith.

**Swipe Out Hunger**
- **swipeouthunger.org/ucsb**

Through this program, students can apply to receive meal tickets for the campus dining commons. Residents are able to donate three meals each week, Mon – Fri.

**St. Michael’s Community Garden**
- **tinyurl.com/stmichaelsgarden**

Sixteen raised bed plots are available for those in the community who wish to grow their own fruits, vegetables, and flowers. Plots cost $25 deposit + $5/month.

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**Basic Needs Resources for Undocumented Students**

**Food for All**
- **food.ucsb.edu/calfresh**

Talk with other UCSB students who are trained on the variety of resources that the local community have to offer, including those on food, finances, and housing.

**Food for All Coalition Social Media**
- FB: **facebook.com/Foodforallucsb**
- IG: **instagram.com/foodforall.ucsb**

Our organization strives for everyone to have access to sufficient, safe, and nutritious food. Our regularly updated social media pages act as a central hub for food security events, resources and information around campus.

**FINANCIAL RESOURCES**

**Financial Crisis Response Team**
- **financialcrisis@ucsb.edu**

Assists students facing a financial crisis or urgent financial need. Members from numerous departments across campus evaluate cases individually and holistically to identify the best way to support students.

**AS Community Financial Fund**
- **cftf.as.ucsb.edu**

AS Community Financial Fund offers quarterly Financial Literacy Workshops to all UCSB students. Participants may receive $550 upon completion.

**Alumni Association Loans**
- **tinyurl.com/alumni.loans**

Loans up to $100 for undergraduate students can be made available to those requiring short-term emergency financial assistance.

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**for questions or to schedule an appointment, please email ucsbcalfresh@gmail.com**

food.ucsb.edu • #KnowYourResources
Food Security and Basic Needs Advising Center

- Located on the 2nd floor of the UCen, across from Jamba Juice
  - Open Mondays
- Calfresh Advocates and Food Security peer advisors can advise students on basic needs resources at UCSB and local community
  - knowledgeable on:
    - Calfresh applications and case management
    - Emergency grants and support services
    - Financial literacy workshops and advising
    - Programs that educate on cooking on a budget
    - Affordable housing opportunities
Prepared Meals

cafe picasso • food not bombs • the dining co.
Food Not Bombs

- Little Acorn Park, IV
- Sundays at 5PM
- vegan & vegetarian meals
- locally sourced ingredients, grassroots effort
FNBS Workshops

- UCSB Health and Wellness, FNBS serves as the official kitchen and nutrition skills resource on campus
- over 25 workshops and events offered each quarter
  - workshops range anywhere from cooking demos, to financial planning assistance, to basic kitchen skills
- calendar for the quarter’s events can be found on FNBS’s Facebook page, as well as the UCSB Health and Wellness website
OCTOBER 1 | 5-6 PM
ISLA VISTA FOOD CO-OP

be great at
grocery shopping!

Join us and learn all the tips you need to successfully stock your kitchen and feed yourself well! We’ll talk about mixing resources to stretch your food dollars and more. There’ll be free snacks too!

CalFresh Enrollment Party

Join the UCSB CalFresh Team along with their partners to sign up for CalFresh and discuss other Food Security Resources!

October 16 | 5-6:30PM
Corwin Pavilion

UC SANTA BARBARA
Health & Wellness
Food, Nutrition and Basic Skills

Food All
Financial Crisis Response

❖ Assists students facing a financial crisis that may impact their path to graduation in the form of emergency funding and resource connection

❖ Types of Emergencies:
  ➢ Housing Insecurity, homelessness
  ➢ Food Insecurity
  ➢ Outstanding Medical Bills – SMERF Student Medical Emergency Relief Fund
  ➢ Change in income/ Parent job loss
  ➢ Academic
  ➢ Family related emergency
Emergency Housing Voucher Program

❖ Efforts to address student needs both in on campus and off campus housing arrangements who have been served an eviction notice/warning or are unable to address upcoming rent expenses

❖ Temporary Hotel Stay for a maximum of five days to meet interim housing needs
Meal Voucher Program

❖ Currently serving 81 departments on campus: academic and non-academic
❖ Administering between 1 - 5 meal vouchers per student interaction per quarter
❖ Reporting Requirement
❖ Educational component - sustainable food security resource review
❖ Recent program expansion into a multi-tiered approach
Rapid Rehousing Program

- Fall 2019 soft launch, partnership with off campus housing property
- Short term housing option available that would exceed five days, but would be resolved within 25 days.
- Participants sign a contract and are required to meet with basic needs case management staff on a weekly basis in order to continue to be eligible for the program
Challenges

❖ Ensuring campus leadership buy-in and clarify of effort (amidst leadership changes)
❖ Staffing and creatively working with space constraints to serve the ever growing student population
❖ Populations we can’t serve - awarded up to COA, international students, non-enrolled students
❖ Data
❖ Student reluctance to accept student loans
❖ Availability of funding
Best Practices and Considerations

- Basic needs staff support within FA model
- Work groups on campus/ Basic Needs Task Force?
- Rethinking Basic Needs
  - Normalizing the conversations
  - Incorporating resource referrals into customer service
- Building relationships with your county (Calfresh)
- Mobilizing student led efforts may incite more change
- Data can provide the support needed for funding requests
- Cross department referrals
  - Social workers on campus? Importance of the mental health component
Rebecca Plotkin pronouns: she/ her/ hers/ella
Basic Needs Coordinator
Office of Financial Aid & Scholarships
Office: (805) 893-3336
Email: rebecca.plotkin@sa.ucsb.edu

Saúl Quiroz pronouns: he/him/his
Director
Office of Financial Aid & Scholarships
Office: (805) 893-4941
Email: squiroz@ucsb.edu