Cal State LA Coordinated Care Network for Food and Housing Security Efforts

Sesley Lewis – Coordinator, Food and Housing Security

Rob Yonemoto – Director of Student Support



Realities

- Majority of Cal State LA students come from the local area, and as such reflect not only the remarkable strengths, gifts, and resilience of these communities, but also the realities of these communities' struggles with poverty, food insecurity, and housing instability/homelessness.
- Bordered by four low-income, predominantly Latino communities: El Sereno, East Los Angeles, Lincoln Heights and Boyle Heights – represent 86% of the Cal State LA student population coming from Los Angeles County
- LA County: Food insecurity 32% of households; 58,000 homeless



Realities

- 28,000 students (82% First Generation)
- At percentages found in CSU Basic Needs study = 4-5,000 students experiencing food insecurity, and hundreds experiencing housing instability



A little theory...





A little research...

"FI is specifically detrimental to college students because it can also affect their **academic performance**. For example, students who face FI may have added **difficulty attending classes** (Roustit, Hamelin, Grillo, Martin, & Chauvin,2010; Seligman, Laraia, & Kishel, 2010). Further, FI may produce **fatigue**, **difficulty concentrating**, **anxiety**, **and irritability**, all of which can affect students' classroom performance (Kleinman et al., 1998; Wehler, Scott, & Anderson,1991). College GPAs may also be affected by FI as Maroto et al. (2015) exploredthe effects of FI on **students' GPA** and found food insecure students were morelikely to have a lower GPA than their peers who were food secure."

"According to the present study, students who experienced homelessness and severe FI were at profoundly greater academic risk in comparison with their peers who were not facing these challenges."

The Relationship Between Food Security, Housing Stability, and School Performance Among College Students in an Urban University

- Silva, et.al., Journal of College Student Retention Research Theory and Practice 19(3), December 2015

Food and Housing Security Task Force

Representatives from:

- Office of the Dean of Students
- Academic Senate
- Associated Students, Inc. (ASI)
- Educational Opportunity Program (EOP)
- Student Housing
- University-Student Union

- Financial Aid
- Registrars Office
- University Auxiliary Services



Food and Housing Security Task Force

Key Initiatives:

- Food Pantry (April 2017)
- CalFresh Outreach Center (April 2017)
- Emergency Short-term Housing (Spring 2018)
- Emergency Grants (Spring 2018)
- Meal Sharing Program (Spring 2018)
- Donation Fund for Basic Needs, Food and Housing Security
- SNAP-Ed, Financial Literacy



Food Pantry









CalFresh Outreach Center





CARE Team

- Traditional duties: Behavior intervention with students causing concern
- More and more, though...: Basic needs benefitting from holistic, integrated approach to care

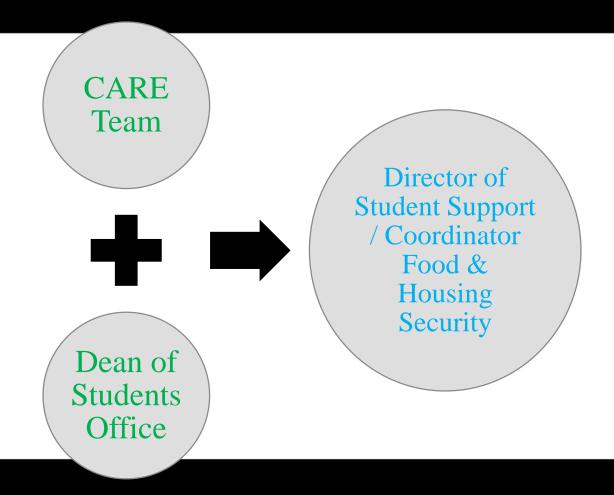


CARE Team Membership

Core members include director-level or above from:

- Counseling and Psychological Services (CAPS)
- Dean of Students Office
- Housing Services
- Student Conduct
- Office for Students with Disabilities
- Student Health Center
- University Police
- Others as needed (Financial Aid, Academic Departments, Title IX Coordinator, Veterans Resource Center, Registrars, etc.)

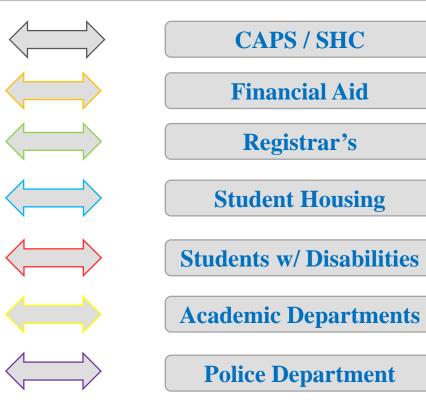
Single Point of Contact





Coordinated Care

Director of Student Support / Coordinator, F&H S



(And more...)



A couple of stories...





Contact Us

Office of the Dean of Students
CALIFORNIA STATE UNIVERSITY, LOS ANGELES
5151 State University Drive, Los Angeles, CA 90032

Phone 323.343.3103

Email

deanofstudents@calstatela.edu

Web

http://www.calstatela.edu/deanofstudents http://www.calstatela.edu/deanofstudents/food-and-housingsecurity