Canning

Student Hunger

Increasing

Student Success

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Food Insecurity & Student Hunger

• Defining food insecurity
• Starving college student: rights of passage?
• Food insecurities impact academic success
Many students are finding themselves choosing between basic essentials such as food and basic toiletries and the required costs of tuition, fees, and books. The ASI Food Pantry helps to alleviate hunger within our student community.

**Campus Research (2013 Survey)**
- Close to 70% of Sacramento State Pell Grant eligible students met the USDA definition for food insecurity.
- Among them, 24.5% reported that they sometimes or often did not have enough food to eat, indicating food insufficiency.

**ASI Research (2013 Survey)**
- Student Relations Committee, a committee of the ASI Board of Directors responsible for students needs assessments.
- Close to 60% said there are occasions where they need help supplementing their own source of food.

**Other Questions Asked**
- **Need** (what time of year?)
- **Location** (convenience, confidentiality, near parking)
- **Operational Logistics** (pre-order, stop in, etc.)
The ASI Food Pantry exists to provide food and basic necessities at no cost to Sac State students in need. The Food Pantry aims to decrease the impact that food insecurities have on the academic success of Sac State students.

2016-2017 the Food Pantry had more than 4,300 transactions (1078 individual students, many who accessed services multiple times during the year)

2017-2018 has seen a 24% increase in student users
The Point System

- Students can visit once per week
- Tues: 10am-2pm
- Wed: 2pm-6pm
- Thurs: 10am-2pm

- Students get 16 points per week
- Students scan a valid student ID
Meeting Students Where They’re At:
The ASI Pop Up Pantry

Three times a month
Student Health and Counseling Cooking Demonstrations
Cal Fresh Sign-Ups
Serving over 500 students at each Pop Up Pantry
BE ACTIVE
BE AWARE
BE AN ADVOCATE
BE ACTIVE

• Conduct a campus survey
• Build campus and community partnerships
  • Campus President
  • Student Affairs: Case Manager / Student Health and Counseling
  • Sacramento Food Bank and Family Services
  • Central Downtown Food Basket
  • Sac State Sustainability (community garden)
  • Facilities Management
  • Sacramento Downtown Ford Sales
  • University Transportation and Parking

![Image of people engaging in community service]
BE ACTIVE cont.

• Identify storage
• Develop volunteer program
• Fundraise

Meet the changing needs

• ASI Food Pantry relocation and expansion
• SB-85 funding (Budget Range: $25k - $40k)
  • Implementation of Meal Sharing Program, CalFresh Point of Contact, and a Food Pantry or Food Distribution Program
  • Commercial refrigeration, metro shelving, computer, desk, couches, signage, promotion
• Online financial giving option
• Student development and marketing coordinator
• Campus dining food recovery program
BE AWARE

We can assist struggling students by:

• Recognizing signs of distress
• Mentoring
• Having a presence around campus
• Say hello and following up with gentle yet probing questions
BE AN ADVOCATE

• Eliminate stigma
• Respond appropriately
• Encourage the use of available resources
• Take progressive action
Things to keep in mind

- County health permit
- ServSafe certification
- Commercial fridge vs residential
- Shelving which can be easily cleaned
- Grocery store mentality
- The whole student – referral process to other services
Activity

Work-plan template
The purpose of this work-plan is to guide your basic needs work once you are back to campus. Use this exercise as a means to help formulate a plan of implementation, to better understand who needs to be involved on your campus to make the plan work, and to develop a reasonable timeline in order to get work done.

Implementation Strategies

<table>
<thead>
<tr>
<th>Preferred Outcomes</th>
<th>Who needs to be involved</th>
<th>Feasible Timeline</th>
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<tbody>
<tr>
<td>Potential Barriers</td>
<td>How to Mitigate Barriers</td>
<td>Budget</td>
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<td>Other Things to Consider...</td>
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Questions?

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