Humboldt State University: Food as a right and not a privilege

Ellinoa Blake
Navor Resurreccion
Mira Friedman
Ravin Craig
Jennifer Maguire
Overview

• HSU Student Food and Housing Security and Emergency Food Resource Use
• Food Security
• Food Sovereignty
• In Practice
  • Humboldt State University (HSU)
  • Visions for the future
California State University Food & Housing Security Survey: Emerging Patterns from the Humboldt State University Data (Maguire, O’Neill, and Aberson, 2016)

The Issues
- food and housing security
- student health and wellbeing
- student success
- retention and graduation rates

The Purpose
- elevate awareness of the issues from the students’ perspective

The Methods
- online survey went out to all HSU students
- 1,554 Students responded (nearly 20%)
HSU Student Food and Housing Security and Emergency Food Resource Use

Food Security Level

- High/Marginal Security: 47%
- Low Security: 30%
- Very Low Security: 23%

CalFresh Application Assistance

- Yes: 36%
- No: 84%

Experienced Homelessness Since Starting College

- Yes: 15%
- No: 85%

Used the Campus Pantry

- Yes: 27%
- No: 73%
Framing in Theory:
Food Security & Food Sovereignty
Food Security

“Food security exists when all people, at all times, have physical and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy life.”
- World Food Summit (1996)
Why is The Food Security Model Limited?

- The Green Revolution

Table 1.4: Compound Rates of Growth

<table>
<thead>
<tr>
<th>Period</th>
<th>Production (a)</th>
<th>Area (a)</th>
<th>Yield (percent per annum)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crop</td>
<td>1949-50 to 1967-68</td>
<td>1949-50 to 1967-68</td>
<td>1949-50 to 1967-68</td>
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<tr>
<td>Foodgrains</td>
<td>2.98 to 2.40</td>
<td>1.34</td>
<td>1.61</td>
</tr>
<tr>
<td>Non-Food</td>
<td>3.65 to 2.70</td>
<td>2.52</td>
<td>1.06</td>
</tr>
<tr>
<td>All Crops</td>
<td>3.20 to 2.50</td>
<td>1.60</td>
<td>1.60</td>
</tr>
<tr>
<td>Rice</td>
<td>3.37 to 2.21</td>
<td>1.26</td>
<td>2.09</td>
</tr>
<tr>
<td>Wheat</td>
<td>3.07 to 5.73</td>
<td>2.70</td>
<td>1.24</td>
</tr>
<tr>
<td>Pulses</td>
<td>1.62 to 0.20</td>
<td>1.87</td>
<td>0.24</td>
</tr>
</tbody>
</table>

- Gleaned from NCAR 1976 (vol 1, ch. 3, p. 230-241)
- Estimates of Area and Production of Principal Crops in India, 1978-79; published by the Directorate of Economic Statistics.
Food Security Further Critiqued

Green Revolution Impact on Local Food Systems

Roots of food insecurity lie widely unaddressed

Food System largely controlled by a few corporations
Food Sovereignty

“Food sovereignty is the right of peoples to healthy and culturally appropriate food produced through sustainable methods and their right to define their own food and agriculture systems.”

- La Via Campesina,
International Peasant Movement (1996)
Food Sovereignty

“puts the aspirations, needs and livelihoods of those who produce, distribute and consume food at the heart of food systems and policies rather than the demands of markets and corporations.”

“According to the FAO, women produce 70% of the food on earth but they are marginalized and oppressed by neoliberalism and patriarchy. The movement defends women's rights and gender equality at all levels. It struggles against all forms of violence against women.”
Power + Food

Food Sovereignty’s Mission (La Via Campesina)
  Promote Social justice and dignity

Power Analysis
International Justice
  De-globalize food, localize production
Challenging Current Food Regime
  Questioning capitalism/racism/sexism
Capitalism

Bourgeoisie

Racism  Sexism

Workers
Capitalism and Food

Workers

Racism

Sexism

Bourgeoisie

Food Production

Corporate Agriculture and transnational companies

Food Distribution
“[Food Sovereignty] is based on the conviction that small farmers, including peasant fisher-folk, pastoralists and indigenous people, who make up almost half the world’s people, are capable of producing food for their communities and feeding the world in a sustainable and healthy way.”

~La Via Campesina
Food Sovereignty

Food systems on college campuses have a choice...

Replicate the capitalist globalized model of food control that negatively impacts people’s lives across the world, including our students or
Take ownership of our own food system and challenge systems of power, privilege and oppression and re-define our expectations for addressing food insecurity on campus
FOOD PANTRY & CALFRESH SIGN UPS

MONDAYS: 9:00 - 1:00PM
TUESDAYS, WEDNESDAYS, & THURSDAYS
9:00 - 10:50 AM & 3:00 - 4:50PM
FRIDAYS: 9:00 - 11:50 AM & 3:00 - 5:50PM

WEDNESDAY NIGHT COOKING CLASSES
5:30 PM In The Rec. & Wellness 122

707.826.4558 / HUMBOLDTSTUDENTSNAP.ORG
Oh SNAP! Food Programs Supported By:

DEPARTMENT OF SOCIAL WORK
HUMBOLDT STATE UNIVERSITY

FARMERS’ MARKET SHUTTLE
Ride The Shuttle From HSU!
SATURDAYS: 9 AM - 12 PM

Round 1
Library Circle (pick up) 8:30
Arboretum Food Pantry 8:44
Farmer’s Market (Ecology Plaza) 9:12
East of West 9:19
Grocery Outlet 9:25
Napa & 4th 9:36
Farmer’s Market 9:57
Arboretum Food Pantry 10:02

Round 2
Library Circle (drop off) 9:04
Arboretum Food Pantry 9:19
Farmer’s Market 9:25
Grocery Outlet 9:36
Napa & 4th 9:47
Farmer’s Market 11:00
Arboretum Food Pantry 11:04

Round 3
Library Circle (pick up) 11:04
Arboretum Food Pantry 11:19
Farmer’s Market 11:25
Grocery Outlet 11:36
Napa & 4th 11:47
Farmer’s Market 12:00
Library Circle (drop off) 12:04

HUMBOLDT STATE UNIVERSITY
Oh SNAP! Student-to-Student Support for a Healthier College Experience
Calfresh Outreach

CalFresh on the Farm!
A growing number of Humboldt County farmers now accept CalFresh directly at their farm! Use your EBT card to purchase Community Supported Agriculture (CSA)* shares and/or shop for produce at farm stands at the following locations.

DeepSeeded Community Farm
Offerings:
- CSA Shares
- Farm Stand, Pumpkin Patch
Contact Info:
- Eddie Tanner
  (707) 825-8033
deepeesed@gmail.com
www.deepseeded.com
Location:
- Arcata: Stewart and Wyatt Avenues

Organic Matters Ranch
Offerings:
- CSA Shares, Farm Stand
Contact Info:
- Heather Plaza
  (707) 467-3276
info@organicsmatersranch.com
Location:
- Eureka: 8921 Myrtle Avenue

Redwood Roots Farm
Offerings:
- CSA Shares, Farm Stand
Contact Info:
- Janet Czernik
  (707) 826-0201
janetca@humboldt.edu
www.redwoodrootsfarm.com
Location:
- Bayside: 45 Fellowship Way (off Jacoby Crk Rd)

Shakefork Community Farm
Offerings:
- CSA Shares
Contact Info:
- Melanie Cunningham
  (760) 498-3545
shakeforkcommunityfarm@gmail.com
www.shakeforkcommunityfarm.com
Location:
- Carlotta: 7914 CA-36

* Purchasing a CSA Share with EBT:
Community Supported Agriculture (CSA) is a partnership between a farm and a community of supporters. CSA members commit to a farm for a whole growing season by purchasing a CSA share. The farmer then provides each member with a weekly distribution of fresh, seasonal produce at the peak of ripeness and nutrition.

In a typical CSA arrangement, customers pay upfront before receiving food. CalFresh recipients can use their benefits to participate in a CSA, but can only pay for up to two weeks of food in advance.

Questions? Contact the Community Alliance with Family Farmers for more information at (707) 920-6230.
EBT on campus

EBT is now accepted @ the HSU Marketplace
Next Steps

Continue collaboration with Financial Aid
Expand collaboration with Dining Services
Increase affordability of campus food
Strengthen partnership with community college
Challenge CalFresh eligibility rules for students
Acknowledgements

Humboldt County CalFresh Outreach Partnership
USDA Farmers’ Market Promotion Program
HSU College of Professional Studies
HSU Department of Social Work
HSU Health Education
HSU Associated Students
HSU Advancement, Food for Thought Fundraising Campaign
Food for People
North Coast Growers’ Association
Earthly Edibles
Community Alliance with Family Farmers
Questions?!